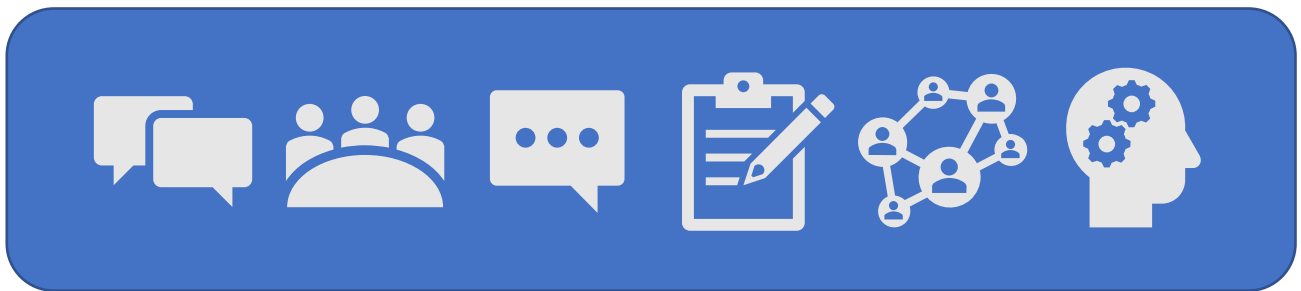


Children In Care Nursing Team

Student Welcome Pack



May 2023

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WELCOME

Dear Student,

Welcome to the Children In Care Nursing Team. Your named student Supervisor / Assessor for this placement will be:

Your named supervisor / assessor will be your main source of support and will be responsible for undertaking your learning contract, mid and endpoint interviews. You will also have the opportunity to work with other members of the team who may also undertake your assessments.

Our service runs from 08:30 until 17:30, Monday to Friday. Your shift times can be negotiated with your assessor, taking into account your learning needs, maximising time with your supervisors, personal circumstances, travel arrangements etc.

There are several areas (spokes) in which you can spend time; you can arrange these spokes yourself. Contact details are at the end of this booklet.

We hope you enjoy your placement here. If you have any problems, questions or concerns please discuss them with one of your mentors as early as possible so they can be addressed.

Usual uniform should consist of trousers and a white student tunic top. You may also be able/be requested to wear smart casual clothing, as per Trust Uniform Policy. Please ensure you wear your name badge at all times.

Our service operates weekdays, across East Sussex. The team are based at Centenary House in Eastbourne. We also at times work from Park View in Egerton Park, Bexhill.

You will get an opportunity to work with different Nurses in the team as well as other professionals. We work alongside Paediatricians, CAMHS and Looked After Children CAMHS, Safeguarding Children Team, School Health and other professionals. You will observe multi-agency working and gain an understanding of how multi-agencies work together to promote the health needs of Children In Care.

You will be encouraged to engage with carers and children, as appropriate, and will observe trauma informed care in practice.

Working with Children In Care is rewarding but sometimes it can be upsetting. If you ever need a pause or want to talk about something you've experienced during your placement, please let your supervisor or one of the team know. We are here to support you.

We look forward to supporting you in your placement and hope you find it interesting and a valuable experience.

Children In Care Nursing Team

Who We Are

We are a team of Specialist Nurses and administrators; we work with Children In Care aged 0-18yrs and assess, plan and co-ordinate their health needs.

We carry out statutory review health assessments with children and their Carers in Foster Homes, Children's Residential Homes, Assisted Living accommodation and Clinic settings. Sometimes assessments are carried out virtually or over the phone depending on what the child or young person prefers.

When young people turn 18yrs old, they leave care and are discharged from our service. Prior to leaving, they are offered a Leaving Care Health Summary and an appointment to advise them on where to access healthcare / support as an adult.

We sometimes visit Children In Care and Carers to offer advice and support if they have a health concern

Important Contact Details

Children In Care Nursing Team:

Main Office Tel: 0300 131 4520

Team Email: esh-tr.lacnurseteam@nhs.net

Named Nurse Children In Care:

Fran Edmunds - 07813 437347

Specialist Children In Care Nurses:

Miriam Cotterill - 07814 090963

Emma Day - 07920 542985

Jane Gibbons - 07717 867685

Carley Howe - 07580 994628

Mandy Sudan - 07977 806026

Sally Hylands - 07980 958622

Sally Law - 07811 684001

Rachel Levey - 07974 614728

Steph Stanyard - 07817 120473

Team Admin

Louise Herriott - 07971 950314

Sarah Tibbott - 07890 426934

Maryann Harris-Kvapil - TBC

Glossary of Terms

CIC – Children In Care

LAC – Looked After Children; this is a term we no longer use as CIC told us they don't like it

UASC – Unaccompanied Asylum Seeking Child

IHA – Initial Health Assessment

RHA – Review Health Assessment

LCS – Leaving Care Summary

CO – Care Order

ICO – interim Care Order

CAMHS – Child Adolescent Mental Health Service

LACMHS – Looked After Children Mental Health Service

FISS – Family Intensive Support Service

LDFISS – Learning Disability Family Intensive Support Service

SPOA – Single Point Of Access (where children's services /CAMHS referrals are sent)

HV – Health Visiting

MDT – Multi-Disciplinary Team

Paperwork

In our team we use the Coram BAAF forms to complete the Statutory Review Health Assessments for Children In Care. These are completed every six months for children under 5yrs of age or every 12 months for children 5-18yrs.

Paediatricians use the Coram BAAF Initial Health Assessment forms to complete a statutory health assessment within 28 days of a child or young person coming into care. Here is a video we send to children / young people new to care to explain about the IHA process:

[My Health Assessment \(ics.nhs.uk\)](https://www.ics.nhs.uk)

You will see digital copies of the IHA / RHA whilst on placement.

We at times use other paperwork; if you would like to know more about what we use on the online Children In Care health records, please ask your student Assessor / Supervisor

Suggested Reading

- Looked After Children and Young People (NICE 2021) www.nice.org.uk/guidance/NG205
- Looked After Children: Roles and Competencies of Healthcare Staff (RCN & RCPCH 2020) www.rcn.org.uk/professional-development/publications/rcn-looked-after-children-roles-and-competencies-of-healthcare-staff-uk-pub-009486
- Promoting the Health and Wellbeing of looked After Children (DOH 2015) www.gov.uk/government/publications/promoting-the-health-and-wellbeing-of-looked-after-children--2

Suggested Video's

- Not Seen, Not Heard' – You Tube (www.youtube.com/watch?v=sYFIY8xwQCA)
- Children In care – Sam's Story – You Tube (www.youtube.com/watch?v=F8_A_01U0ng)
- The Care Leaver – You Tube (www.youtube.com/watch?v=I9FEPNB1_2w)
- Kids in Care: Let's Start a Revolution! | Laura Beveridge' TEDxGlasgow – You Tube (www.youtube.com/watch?v=E-wp7HN9Zvs)

Self-Directed Learning

Prior to and following a spoke day, please complete the pre and post-learning questionnaires to help your assessor / supervisor understand more about what you have learnt. Your placement will involve some working from home and engage with your Assessor / Supervisor via Microsoft Teams.

Please use the reflection document to evidence what you have learnt from your self-directed learning which might involve watching videos, reading documents related to our service or reading completed Review Health assessments.

Spoke Days

Service / Department	Duration	Point of Contact	Date Attended
Lansdowne Secure Children's Home	1 day	Janice Somner Lead Physical Health Nurse janice.somner@spft.nhs.uk	
iRock Walk-In Mental Health Service	1 day	Kirstie Stewart & Jack Cox iRock Team Leads kirstie.stewart@spft.nhs.uk jack.cox@spft.nhs.uk (Email both to arrange)	
Children's Sexual Assault Referral Centre (CSARC)	1.5 hours (Virtual open day)	Rosie Brown Team Administrator SC-TR.PaediatricSARC@nhs.net	
E Sx Immunisations team	1 day	Lydia Langridge Senior Immunisation Nurse Heathfield Library 21 High Street Heathfield TN21 8LU Mobile: Office: 01892 337248 Working hours: 0800-1600, Tue, Wed & Thurs	

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Spoke Day Pre-Learning Questionnaire

Spoke Day Area.....

When do you think Children In Care would use the service you are visiting?

On a scale of 1-10 how confident are you in your understanding of how the service you are visiting work with Children In Care?
(1 being the least confident, 10 being extremely confident):

How can you refer a Child In Care into their service?

How do you think the service you are visiting work with Children In Care?

Save this page as a document and discuss it with your Student Assessor / Supervisor

Spoke Day Post-Learning Questionnaire

Spoke Day Area:.....

When do you think Children In Care would use the service you are visiting?

On a scale of 1-10 how confident are you in your understanding of how the service you are visiting work with Children In Care?
(1 being the least confident, 10 being extremely confident):

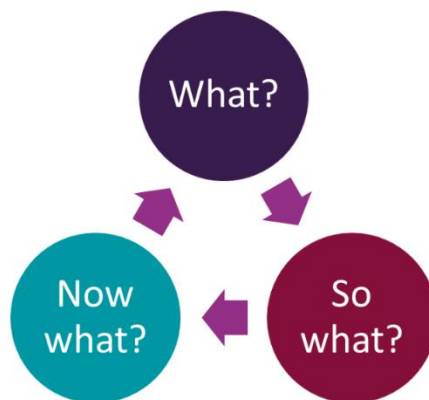
How can you refer a Child In Care into their service?

How do you think the service you are visiting work with Children In Care?

Save this page as a document and discuss it with your Student Assessor / Supervisor

Student Reflection

During your placement you might be asked to reflect on situations / practice you have observed. Please use this adapted 'Model of Critical Reflection' by Rolfe et al (2001) to aid your thinking:



What?

- ... was I expecting?
- ... did I learn?
- ... feelings did it bring up for me?
- ... were the reactions of professionals / Children In Care / Carers?
- ... was good or challenging about the experience?

So What?

- ... does this teach me about myself?
- ...is my new understanding of the situation / service?

Now What?

- ... do I need to do to improve my knowledge/ skills for the future?